

How to Strengthen the Six Qualities of a Great Trainer

Use your Self-Evaluation Worksheet to identify one or more qualities you'd like to strengthen. Review the tips for each and commit to at least one action step this week. (Adapted Worksheet from the RO Online Course: [Train-the-Trainer: The Journey to Impactful Training](#))

Quality	How to Strengthen	My Action Step
Knowledge/Expertise	- Ask questions whenever you need clarity. - Learn from experienced team members – ask for their key tips and best practices.	
Patience	- Be flexible – plans will change. - Set expectations you can realistically meet. - Encourage trainees to ask questions. - Take a pause when needed – even a 5-minute reset helps.	
Integrity	- Follow through on your commitments and model consistency – trainees are watching. - Lead through your actions. - Own your mistakes and apologize when needed. - Check that your choices align with your values.	
Adaptability	- Observe and adjust – change your approach based on trainee progress. - Adapt the plan to fit their needs while keeping the learning goals in mind.	
Brand Ambassador	- Know your restaurant's mission and vision – weave them into your training. - Share your passion for the restaurant – show trainees why it's a great place to work.	
Communication Skills	- Start every session with clear learning objectives and share them with trainees. - Prepare all training materials ahead of time. - Give consistent feedback and encouragement. - Practice active listening – stay present, don't interrupt, and give trainees your full attention.	